## Warren County Speech Language Hearing Association Presents:

## **ADHD and the Internal Executive Function Skills**

By:

Michael McLeod, MA, CCC-SLP, TSSLD, ADHD & Executive Function Specialist

May 20, 2024

Farmstead Golf & Country Club 88 Lawrence Road Lafayette, New Jersey

This workshop is sponsored by Warren County Speech Language Hearing Association (NJDOE Provider #965) 5.0 contact hours of continuing education units towards the NJ state license for speech language pathology. This workshop is not ASHA approved but CEUs are accepted by ASHA as described on their website.

#### **Presenter**

Michael McLeod, MA, CCC-SLP TSSLD is an ASHA Certified Speech Language Pathologist and Executive Function-ADHD Specialist. Michael is the creator of the GrowNOW Model for fostering Executive Functions and Resiliency by strengthening the skill of Internal Language while constructing interpersonal relationships and varied experiences for students. The evidenced-based GrowNOW model utilizes a holistic approach towards decreasing prompt dependency on adults and strengthening independence – in all areas – academic, social, and home. Michael is the owner of GrowNow ADHD, LLC, a specialized private practice in Philadelphia, PA. He partners with many public and private schools to assist them in developing their Executive Functioning programming, by training staff and working directly with students and families. Michael has presented nationwide and internationally, training families and professionals, on his unique GrowNOW Treatment Model for fostering Executive Functions and Resiliency.

#### **Workshop Description**

When focusing on the unique skill of Internal Language, we can empower students to develop personalized and resilient Self-Talk to boost Executive Function skills by giving them the tools to construct it. In this training, Michael McLeod, MA, CCC-SLP TSSLD, ADHD & Executive Function Specialist, describes the assessment and treatment of Executive Functions deficits by utilizing a language-based approach. Michael presents research-based strategies that help us to view Executive Functioning from a new standpoint and how to effectively treat it.

#### **Learner Outcomes**

- 1. Discuss and explain the functional working definition of "executive function skills" as it pertains to the development of internal independent skills.
- 2. List the three core executive function skills that are directly linked to independent skill in the home, social, and academic environment.
- 3. Recite one example of an intervention exercise that is done to foster a student's ability to form independent executive function skills by describing therapeutic activities to improve visual imagery, and self-talk.

#### Schedule

8:30 Registration/Continental Breakfast 9:00-12:00 Session 1 12:00-12:45 Lunch 12:45-1:00 WCSHLA Business Meeting 1:00- 3:00 Session 2

#### Who Should Attend?

Speech-language specialists working in school settings as well as child study team members, special educators and classroom teachers will benefit from this timely and informative workshop.

### **Special Request**

Please submit any requests for accommodation for special needs in writing with your registration. Thank you!

## **Refund Policy**

100% is refunded if you cannot attend the seminar providing WCSHLA notified in writing at least one week prior to the seminar.

#### **WCSLHA OFFICERS**

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<u>Treasurer</u>: Dina Kozlowski <u>Support Committee</u>: Melissa Marino

Phone: (908) 310-7114 Phone: (973) 440-9904

# **Registration Form**

Address:	Name:
Employer:  E-mail:  FEES: \$ 60.00 WCSLHA Members \$ 90.00 Non-Members \$ 40.00 Full-Time Students  Make check payable to WCSLHA  Please send registration even if you are waiting for a PO from your district: I am a member of WCSLHA and am enclosing \$60.00 for the workshop I am a guest and am enclosing \$90.00.  I am a full-time speech pathology student and am enclosing \$40.00.  **Workshop Fee includes breakfast and lunch.**	Address:
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Mail registration by May 3, 2024 to:	**Workshop Fee includes breakfast and lunch.**
	Mail registration by May 3, 2024 to:

WCSLHA C/O Dina Kozlowski, 31 Parker's Point Blvd, Forked River NJ 08731

Please Register Early